

Central School October 2025 Newsletter

A photograph of Central School, a large red brick building with a central tower and arched entrance, surrounded by trees and a paved walkway. The building features multiple windows with decorative frames and a prominent central entrance with a small archway. The scene is set outdoors with lush green trees and a clear blue sky.

Many Hands, Many Minds, Success for All

Principal's Message - Mrs. Raynard

WOW! The first month of school has flown by quickly. We have had a great first month of school with activities that focused on: getting to know new students and staff members; learning classroom and school procedures/protocols; a successful Terry Fox week; the Riverside cross country meet; and the start of our first SCC fundraiser 'Dough To Go'. We finished the month by reflecting and honouring Truth and Reconciliation through our Orange Shirt Day assembly with guest speaker Elder Syliva!

When I look ahead into the month of October, I am excited for what is to come! Our volleyball season continues to be full of action as we have four teams (senior girls, senior boys, intermediate girls and intermediate boys) competing in various tournaments and league games. Our SCC fundraiser 'Dough To Go' will wrap up on October 6th. All funds raised from this fundraiser will support classroom field trips! Fun student activities will be planned to celebrate education week October 20th to 24th. We will be hosting our annual "Get To Know Your Family" night and multicultural potluck October 23rd. More information will be shared closer to the date. Lastly, our school will be participating in a Fundscrip fundraiser to raise money for technological upgrades in our school near the end of October. More information will be shared closer to the date.

I look forward to seeing everyone throughout the school during the month of October!

Mrs. Raynard

October 2025

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 - Day 2	2 - Day 3	3 - Day 4 Fire Drill 2:00pm	4
5	6 - Day 5 Dough to Go orders are due	7 - Day 6 SCC Meeting 7:00pm	8 - Day 1 Gr 1-2 Dental Screening Pre K Family night 6-7pm	9 - Day 2 Gr 1-2 Dental Screening SCC Fall Forum	10 - Day 3	11
12	13 	14 - Day 4	15 - Day 5 Early Dismissal 2:25	16 - Day 6	17 - Day 1 Hot Meal orders and payment due	18
19	20 - Day 2 Bus Driver Appreciation Day! 	21 - Day 3	22 - Day 4	23 - Day 5 Get to Know Your Family Multicultural, Family Potluck 5:30-8:00pm	24 - Day 6 Hot Meal Day	25
26	27 - Day 1	28 - Day 2	29 - Day 3 Monthly Assembly 2:20	30 - Day 4	31 - Day 5 	

DATES TO REMEMBER

- October 3rd - Fire Drill 2:00pm
- October 6th - DOUGH TO GO order forms are due today
- October 6th-10th - Fire Prevention Week
- October 7th - SCC meeting 7:00pm
- October 8th - Grade 1 & 2 Dental Screenings; Pre-K Family Night 6-7pm
- October 9th - Grade 1 & 2 Dental Screenings; SCC Fall Forum
- October 13th - Happy Thanksgiving (No School)
- October 15th - Early Dismissal 2:25pm
- October 17th - Hot Meal orders and payment due today
- October 20th - 24th - Education Week "Seeds of Learning Roots To Success"
- October 23rd - "Get to Know Your Family" Night/Multicultural Potluck at 5:30pm
- October 24th - Hot Meal Day
- October 29th - Monthly Assembly 2:20pm
- October 31st - Halloween Fun Begins at 12:35pm

PARENT DROP OFF AND SIDEWALK SAFETY INFORMATION!

We want to remind families and friends that are coming to the school to drop off or pick up their child(ren) to avoid parking on the west side of Central School where there are yellow lines. This is for BUSES ONLY.

MESSAGE FROM OUR LOCAL RCMP: Do not make a u-turn in the middle of the street (especially before and after school) as it is a traffic violation and fines will be issued. The fine for this violation is currently at \$150.00.



HIRING

CASUAL

Bus Drivers



APPLY NOW

chinooksd.ca/careers

CONTACT US



slacher@chinooksd.ca



1-877-321-9200



2100 Gladstone St E, Swift Current



Band News

Band Parent Families:

The AGM for the Swift Current Band Parents' Auxiliary will be held on Thursday, October 16th at 7:15 pm in the SCCHS Music Room. Please consider this your invitation to attend. The meeting is open to all band parents from Grades 6 - 12. The meeting will be brief. We are currently looking for new members to serve on the executive board (Vice President, Treasurer, and various fundraiser task leaders). If you are interested in filling one of those positions, please contact Kelsey Brandt at scband.president@gmail.com or contact Ms. Jersak for more information. Parent volunteers and participation are vital to the continued operation of the auxiliary.

SCC Update



We have had a wonderful first month of settling back into the routine that the school year brings.

We're well underway with our first fundraiser and my mouth is already watering at the thought of a freezer stocked with **H5 Dough To Go** for those busy weeknight meals!

We've also set up a new, simple way for Central School families and friends to support student activities throughout the year: a **Drop & Go account at SARCAN!** Head to the kiosk, look up Central School, and print one tag for every bag or box of bottles and cans you have to return. Then leave them to be sorted. The deposit will be sent directly to the school. You can read more about how it works here:

[Fast Drop Services | SARCAN Recycling](#)

IN MOTION COMMOTION

In Motion Commotion October Newsletter



Hey everyone! We hope you're having a fantastic first month back at school and staying **In Motion!**

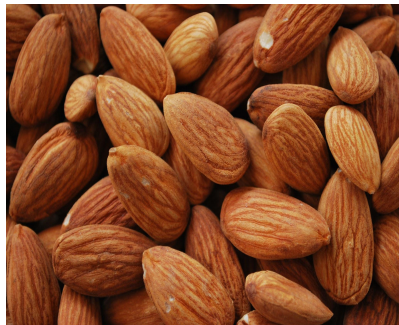
Being active helps boost your self-esteem, gives you tons of energy, reduces stress, improves your sleep, and makes life more enjoyable overall!

If you're **age 7-14**, don't miss out on our **Welcome to Recreation** program! Each month, you can dive into a variety of sports and fun activities designed to keep you moving and engaged. Ready to join the excitement? Visit www.swiftcurrent.ca/play

Have you checked out the 2025-2026 Fall/Winter Community Services Guide yet? It provides information about community organizations, clubs, sport, culture and recreation opportunities that are available in the City. To view the newest guide [click here](#)

Let's get active and have some fun this fall!

Friendly Reminder that we are a NUT SENSITIVE School:



Please keep this in mind for lunch and snack options, as we have numerous students who have a nut allergy.

6 THINGS TO SAY INSTEAD OF "GOOD JOB!"



"LOOKS LIKE YOU HAD FUN!
WHAT PART DID YOU ENJOY
THE MOST?"



"THIS WAS NEW! HOW DID
YOU FEEL WHEN YOU WERE
MAKING THIS?"



"YOU WERE SO FOCUSED ON YOUR
WORK. CAN YOU TELL
ME ABOUT IT?"



"I SEE YOU WORKING HARD.
YOU'RE MAKING A LOT OF
PROGRESS."



"THIS MUST HAVE TAKEN A
LOT OF PRACTICE. ARE YOU
PROUD?"



"YOU LOOK VERY EXCITED ABOUT
COMPLETING THIS PROJECT!
WHAT DID YOU LEARN?"

SHIFTING FROM EXTERNAL PRAISE TO INNER AWARENESS

- 1 Hold general praise ("You were great!") and evaluation ("Amazing presentation!") to **make room for kids to process their own feelings and opinions.**
- 1 Ask open-ended questions and invite children to **notice how they feel about their efforts**: both the process and the outcome.

THIS LEADS TO SELF-RELIANCE AND EMPOWERMENT

As you encourage their reflection, children learn to **appreciate their own strengths**, which contributes to their confidence and resilience.



In turn, they learn to **rely on themselves** instead of seeking external praise or evaluation, making them more empowered.



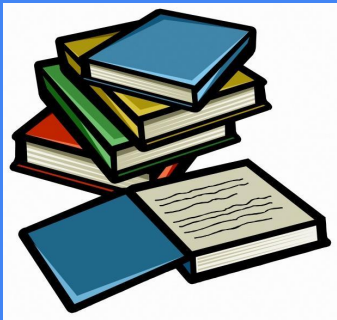
Helpful Parenting Tips

Kayla Myers

Student Services Counsellor

Hi Families,

As I was going through the literacy presentation today, I decided to change this to an in-person presentation rather than an emailed link.



Please Save the Date for the in-person Grade 1 Literacy Presentation:

When: October 2nd, 2025

Where: Grade 1 Classroom

Time: 6:00pm (the classroom will be open at 5:45pm)

RSVP by Wednesday, October 1st, 2025

We will have coffee, water, and snacks.

I will go through the stages of reading with you and what you should expect to notice as your child develops as a reader. I will also talk about ways that you can support your child at home with their reading.

Please reply to this email to let me know if you are able to make it on this evening and how many in your family will attend.

We will still start the take home reading program on Sept. 22.

I hope to see you on October 2nd!

Let me know if you have any questions or if your family is unable to attend this evening

Kristina Bakanec

Grade 1 Teacher
Central School



Parenting the Emotional Child Group



A 4-session In-Person Training Event

October 2, 2025, to October 23, 2025

Thursdays from 4:00 p.m. until 5:30 p.m.

This is a 4-week in-person group for parents of children eligible to be in school from ages 5-12 years old. Parents will be taught strategies to regulate and recognize strong emotions in themselves and their children so they can be role models for their children. Parents will learn information about strong emotions as it relates to anxiety, depression and anger.

To register, please talk with your clinician or contact Mental Health & Addictions Centralized Intake at 1-877-329-0005



saskhealthauthority.ca

Check out the new Parental Training Event happening this month!



CHIP SALE

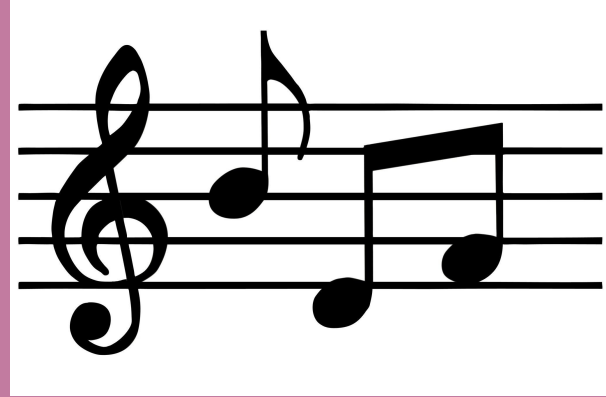
THURSDAY, OCT 2 AND FRIDAY, OCT 3

12:05-12:35 ON THE EAST TARMAC

*we are raising funds to purchase new music
for the note-ables*



\$1.00 A BAG



Don't forget
your loonie!

2025 Spookarama Junior Dance Info

Friday, October 31, 2025

Colonel Clifton Recreation Centre

1. Dance is open to Grades 6-8 in the City of Swift Current, Waldeck, Wymark, Success and Hazlet.
2. **Doors open at 7:00 pm and close at 8:30 pm. The dance and games will run til 10:00 pm.**. Please note the change in times.
3. Students do not have to stay until 10:00pm, but if they are wishing to leave early, they MUST phone a parent/guardian for a ride. Students will not be allowed to walk home alone.
4. Each student will need to present either their student card or a letter from the principal, with the student's name in order to get into the dance.
5. Pizza and pop will be served at no charge.
6. Coat check will be available.
7. Zero tolerance for behaviour which causes concern. If there are any problems, the students are to report to the nearest Kiwanis member.
8. This year, new to the Spookarama Hallowe'en Party, there will be lots of prizes! There will be prizes for the Scariest, Funniest and Most Creative costumes, plus spot dance prizes and door draws. We look forward to seeing your fantastic costumes!

This event is co-sponsored by Swift Current Kiwanis Club and the City of Swift Current.

For more information, call Marty Salberg. 1-306-741-7947





SWIFT CURRENT EARLY YEARS Family Resource Centre

Programs and services focused on supporting & strengthening families through each stage of the early years



We're located at
6 - 1061 Central Ave N,
Swift Current, SK
(Hillside Plaza)

We're OPEN
Monday to Friday
9am-12noon and
1pm-4pm and
Saturday 9am-12noon
(Closed Saturdays in July & August)

For more information:

Call: 306-773-6160
Text/Call: 306-774-6163
& follow us on Facebook!



ALL FAMILIES
WELCOME AT
THE FAMILY
RESOURCE
CENTRE!!

Messy Fingers Preschool Program

Twice a week for 12 weeks starting
September, December & March



Tuesday & Thursday. Choose morning or afternoon.
(9:30-11:30am) (1pm-3pm)

Offers 3, 4, and 5 year old children
an opportunity to grow socially, emotionally,
physically, creatively, intellectually, and spiritually
through play-based learning experiences
in a safe, inclusive, and nurturing environment.

Now taking registrations for September start date!



SWIFT CURRENT EARLY YEARS
Family Resource Centre

ALL FAMILIES WELCOME AT THE FAMILY RESOURCE CENTRE!!

Join us...

Monday mornings

10am-11:30am

at Family Resource Centre

6-1061 Central Ave N (Hillside Plaza)

306-773-6160

Bump, Baby & Beyond

**a Pre & Post-Natal
Support Group**



**EARLY YEARS
Family Resource Centre**



OCTOBER 2025



SWIFT CURRENT EARLY YEARS

Family Resource Centre

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 	29 Bump, Baby & Beyond Pre & Post-Natal Support Group 10am-11:30am	30 NATIONAL DAY FOR TRUTH & RECONCILIATION Messy Fingers Preschool Program (Pre-registration required) 	01 Let's Play 9:30-12 & 1-3 	02 Messy Fingers Preschool Program (Pre-registration required) 	03 EYFRC IS CLOSED Staff PD Day	04 Let's Play 9:30-12 
05  Fire Prevention Week October 5-11	06 Bump, Baby & Beyond Pre & Post-Natal Support Group 10am-11:30am AND Cookin' with Connie a meal prep session please pre-register	07 Messy Fingers Preschool Program (Pre-registration required) 	08 Let's Play 9:30-12 & 1-3 + Sensory Play for Infants 1-3pm 	09 Messy Fingers Preschool Program (Pre-registration required) 	10 Let's Play 9:30-12 & 1-3 + Move & Groove 	11 EYFRC IS CLOSED 
12 	13 EYFRC IS CLOSED Thanksgiving	14 Messy Fingers Preschool Program (Pre-registration required) 	15 Let's Play 9:30-12 & 1-3 + Songs & Stories 	16 Messy Fingers Preschool Program (Pre-registration required) 	17 Let's Play 9:30-12 & 1-3 + Sensory Play for Infants 1-3pm	18 (No Let's Play) FIRE STATION TOUR at Swift Current Fire Station 10am 
19  First Session! Register at swiftcurrent.ca/play	20 Bump, Baby & Beyond at Aquatic Centre! AND Free Family Swimming 11am-1pm at Aquatic Centre Welcome to Recreation Families & Tots 5:30pm-7pm	21 Messy Fingers Preschool Program (Pre-registration required) 	22 Let's Play 9:30-12 & 1-3 + Nature Walk with Penny, CRA & Melanie, Service Canada 1pm-3pm Take Me Outside Day	23 Messy Fingers Preschool Program (Pre-registration required) 	24 Let's Play 9:30-12 & 1-3 + Make & Take 	25 Let's Play 9:30-12 
26 	27 Bump, Baby & Beyond Pre & Post-Natal Support Group 10am-11:30am with Tami Speech-Language Pathologist Welcome to Recreation Families & Tots 5:30pm-7pm	28 Messy Fingers Preschool Program (Pre-registration required) 	29 Let's Play 9:30-12 & 1-3 	30 Messy Fingers Preschool Program (Pre-registration required) 	31 Let's Play 9:30-12 & 1-3 	01 Let's Play 9:30-12 

Early Years FRC is OPEN Monday - Friday 9am-12pm & 1pm-4pm and Saturday 9am-12pm

For more information Call: 306-773-6160 Text or Call: 306-774-6163 & follow us on Facebook



Student Violence Threat Risk Assessment FAIR NOTICE

Chinook School Division is committed to creating and maintaining school environments in which students, staff, parents/guardians/caregivers and others feel safe. Schools cannot ignore any threat of violence.

What is a threat?

- an expression of intent to do harm or act out violently against someone or something
- may be verbal, written, drawn, posted on the Internet, or made by gesture

Duty to Report

To keep school communities safe and caring, staff, parents/guardians/caregivers, students and community members must report all threat related behaviours to the school principal.

What is the purpose of a Student Violence Threat Risk Assessment?

- to ensure and promote the emotional and physical safety of students, staff, parents, the student making the threat, and others
- to ensure a full understanding of the context of the threat
- to understand the factors that contribute to the individual of concern's behaviour
- to be proactive in developing an intervention plan that addresses the emotional and physical safety of the individual of concern
- to promote the emotional and physical safety of all

What behaviours warrant a Student Violence Threat Risk Assessment to be initiated?

A Student Violence Threat Risk Assessment will be initiated for behaviours including, but not limited to:

- serious violence or violence with intent to kill
- violence with intent to do serious bodily harm
- verbal/written threats to kill others (clear, direct, and plausible)
- verbal/written threats to do serious bodily harm (clear, direct, and plausible)
- social media/technology generated threats to harm/kill others
- possession of weapons (including replicas)
- bomb threats (making and/or detonating explosive devices)
- fire setting
- sexual intimidation or assault
- ongoing pervasive and targeted bullying and/or harassment
- gang related intimidation and violence
- hate incidents motivated by factors including, but not limited to race, culture, religion, and/or sexual or gender diversity
- suicidal ideation or attempts as related to fluidity or conspiracy of two or more

What Parents and Students Need to Know

- any threat must be reported to the school principal
- investigation may involve the student services counsellor, the police of jurisdiction, or other community agencies
- investigation may involve locker or personal property searches
- interviews will be held with the individual of concern and other students or adults who may have information about the threat
- parents of students who are directly involved will be notified
- threatening behaviour may result in disciplinary action
- an intervention plan may be developed for the student making the threat and a support plan developed for any individuals targeted by threats

The information in this brochure reflects the thinking and work of J. Kevin Cameron, Director of the Center for Trauma Informed Practices (CTIP).

The complete Violence Threat Risk Assessment Protocol may be found on Chinook School Division's website at www.chinooksd.ca.

Please read the Fair Notice Information!

Thank-you!



Thank
You

- ★ To Christ the Redeemer Church for the donation of School Supplies!
- ★ To My City Care for the donation of School Supplies and New Shoes for our Kiddos!



From All of Us at
Central School.