

# Central School February 2025 Newsletter



**Many Hands, Many Minds, Success for All**



# Principal's Message - Mr. Wipf

It was a great start to 2025 at Central School! The month of January saw basketball in full swing, with games, practices, and tournament play. Our SCC organized a Family Movie Night and a Middle Years' Movie Night where members of our school community could enjoy some good company, a movie, and snacks! On January 14th our Grade 1-5 classes had a special visit from Micah Johnson and Pete Godber of the Saskatchewan Roughriders. What an inspirational visit our students had! Teachers were busy this month creating report cards for all students, which were shared with families at the end of January.

With the beginning of February we find ourselves in the second half of the school year. This month we will have our local science fair on February 11th where grade 7 & 8 students will show off their learning to members of our school community. Once again February includes the designated Staff Appreciation Week, where we will do our best to spoil our staff and show them how grateful we are for their work. From February 17th to 21st students and staff will enjoy a well deserved break from school. Near the end of the month we will celebrate Pink Shirt Day on February 26th. This year we are selling pink shirts designed by Zach in Grade 8. Don't miss out on your opportunity to get one!



# February 2025

Sun

Mon


Tue

Wed

Thu

Fri

Sat

						1
2	3 - Day 4	4 - Day 5	5 - Day 6	6 - Day 1	7 - Day 2 Subway Meal Day	8
9	10 - Day 3 Staff Appreciation Week Feb 10-14	11 - Day 4 Grade 7 <sup>8</sup> Local Science Fair 12:35-3:00pm	12 - Day 5 Early Dismissal Day 2:25	13 - Day 6 Shelter in Place Emergency Drill 2:00pm Grade 5-8 Dance 7-8:30pm	14 - Day 1  South SK Youth Orchestra Concert 1-2:00pm	15
16	17	18	19	20	21	22
Happy February Break! (No School)						
23	24 - Day 2	25 - Day 3	26 - Day 4 Pink Shirt Day	27 - Day 5 Pizza Hut Meal Day	28 - Day 6 Monthly Assembly 2:20pm	

## DATES TO REMEMBER

- February 10th-14th - Staff Appreciation Week
- February 11th - Grade 7/8 Local Science Fair in Gym 12:35- 3:00pm
- February 12th - Early Dismissal Day 2:25pm
- February 13th - Shelter in Place Emergency Drill 2:00pm
- February 13th - Grade 5-8 Dance in Auditorium 7:00-8:30pm
- February 14th - South SK Youth Orchestra Concert in Gym 1-2:00pm
- February 17th-21st - February Break (No School)
- February 26th - **Pink Shirt Day**
- February 27th - Pizza Hut Hot Meal Day
- February 28th - Monthly Assembly 2:20pm



## ***PARENT DROP OFF AND SIDEWALK SAFETY INFORMATION!***

**We want to remind families and friends that are coming to the school to drop off or pick up their child(ren) to avoid parking on the west side of Central School where there are yellow lines. This is for BUSES ONLY.**

**MESSAGE FROM OUR LOCAL RCMP: Do not make a u-turn in the middle of the street (especially before and after school) as it is a traffic violation and fines will be issued. The fine for this violation is currently at \$150.00.**

**YELLOW PAINT = NO PARKING Please be mindful of the crosswalks on the streets around the school. You can not park on**



## Milk Sales

Students have the opportunity to purchase white or chocolate milk (237 mL) at lunch from the kitchen in the basement.

The cost is \$1/carton.



If you wish to purchase a milk card for your child, you can do so at any increments you would like from Mrs. Jahnke in the office.



# SCC Update



January has blurred past us, and February is here already. How did that happen?

Thank you to everyone who helped support our January programs, including our Kernels Popcorn sales. This is another example of our new approach to fundraising, as we try to offer more options throughout the school year. And now we are rolling right into our next tasty option as we offer up Cowboy Caviar Beef Jerky in February. These tasty protein snacks are one of our more popular options.

January also saw us incorporate two of our goals being accomplished into a couple of movie night events. Part of our mission is to get you, the rest of the student's family, into our school to be involved. So it was awesome to see all of the families cuddled up in our auditorium watching Clifford together. We also hosted a second movie night just for our middle years students. No parents, no siblings, just our kids getting to hang out and have a mental health break while watching a movie. We had over half of our middle years kids show up for this first time event and that was awesome!!!

Again, thank you to all of you who help support us as we help support our students and staff.

Your Cougar SCC

# IN MOTION COMMOTION

Staying active during the winter months can be more challenging, but there are many fun activities to do in the winter such as snowshoeing, tobogganing, skating, building a snowman, or going for a walk. What about trying Crokicurl at Riverdene Park? Also, here are some events going on in Swift Current during the month of February that can help you stay active and have fun! **Family Fun Week – February 17-23** will have many family friendly activities to participate in during the February break such as skating, swimming, curling, reading, and cross-country skiing. Learn more at [www.swiftcurrent.ca/familyfunweek](http://www.swiftcurrent.ca/familyfunweek) **Free Swimming during Public and Family swim times at the Aquatic Centre for ages 14 and under, in the month of February. Sponsored by the SC Kiwanis Club. Have fun, stay safe, and be active!**



## MUSIC UPDATE

This month the students are working hard on various projects. The younger students are learning about a selection of famous artists and their work, such as Vincent Van Gogh, Georges Seurat, and Henri Matisse, and are continuing with their music units. The Grade 3/4s, 4s, and 5s are focusing on the notes of the Treble Clef, and starting to transfer that knowledge to their recorder. The Grade 6s are learning about sewing and using this knowledge to create their own “Monster” Bookmark.



The Grade 7s are becoming more knowledgeable about the Orff instruments, and learning to play soundscapes and songs on them. The Grade 8s are working on their individual “Art Fair” projects, where they chose the medium that they wanted to work with. All in all, the Auditorium is buzzing with music and creativity!

Mrs. Caswell





# Friendly Reminder that we are a NUT SENSITIVE School:



**Please keep this in mind for lunch and snack options, as we have numerous students who have a nut allergy.**

# TIPS TO BUILD EMOTIONAL RESILIENCE IN KIDS

**Spend quality time with kids.**  
When they feel loved and supported, children develop emotional strength.

**Talk about feelings so your child learns to share their worries and fears with people they trust.**

**Instead of rushing to solve problems, give kids time to work things out themselves.**

**When children experience failure or disappointment, it's important to praise their effort and encourage them to try again.**

**Acknowledge your own mistakes to teach kids that mistakes are essential for learning and growth.**

**If your child can't find a solution to a problem, use gentle questioning to guide them towards it.**

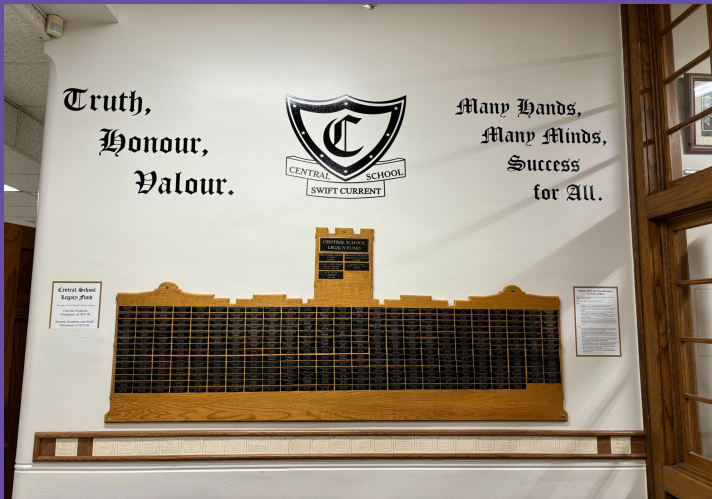
**Ensure kids are eating well and getting enough sleep and exercise.**



## Helpful Parenting Tips

**Kayla Myers**

**Student Services Counsellor**



Thank you so very much for all of our  
Central School Legacy Project Donations  
thus far!!

Our Goal is to raise **\$15,000** towards a  
new Sound System for our Auditorium.

Platinum Level

Gold Level

Silver Level  
The K-Motel

Bronze



# New provincial assessment program for Saskatchewan students

## Parents and Caregivers:

The Ministry of Education is working with education partners on a new provincial assessment program for Saskatchewan students. This program is part of Saskatchewan's 2020-2030 Provincial Education Plan, developed in collaboration with education partners.

Students, parents, teachers and the public have told us they want Saskatchewan students to:

- be **prepared** for success with the skills and knowledge they need for the future;
- be **supported** in their learning; and,
- have an education that is **globally recognized and valued**.

Saskatchewan Student Assessment will help us work together toward these goals.

## Saskatchewan Student Assessment

### What is it?

Saskatchewan Student Assessment is a provincial assessment program that will assess student learning in core subject areas.

### Which subject areas will be assessed?

- Grades 5 and 9 mathematics
- Grades 4, 7 and 10 English language arts

### Will my child have to do any extra preparation for the test?

The assessments will be developed with Saskatchewan teachers and based on the Saskatchewan curriculum students are already learning in class. Sample assessments will be available online for students and families to become familiar with the assessment platform and format.

A Leger poll from 2022 found that 92 per cent of parents in Saskatchewan and Manitoba support fair and objective student assessment.

### Will this affect students' grades?

Teachers may choose to use the assessments as part of students' grades as they are aligned with Saskatchewan curriculum.

### Why is this being implemented?

Consistent, fair and objective measures of student achievement benefit everyone in the education system.

The data will be used to identify strengths and areas of opportunity for students, teachers, schools and the province as a whole.

### Who will write the Saskatchewan Student Assessment?

All students following the regular curriculum in publicly funded schools in Grades 5 and 9 will participate in a mathematics assessment and students in Grades 4, 7 and 10 will participate in an English language arts assessment.

Students will receive the same accommodations and support on the assessment as they are accustomed to in the classroom.

### When will this be implemented?

Assessments will be implemented in stages, beginning in the 2025-26 school year.

### Will I receive the results from this assessment?

Results from the assessments will be made available to the student, parent/caregiver, classroom teacher, the school and the school division.

### Do other provinces have assessment programs?

Every province in Canada currently has a student assessment program. Saskatchewan is the only province in Canada that does not have a provincial approach to measuring student achievement.

#### Sask Student Assessment will:

- Be based on curriculum
- Help with understanding of grade-level expectations
- Be developed and validated by teachers

#### Sask Student Assessment will NOT:

- Require additional teaching and learning
- Replace classroom assessment

### Where can I get more information?

Please visit our website:

<https://www.saskatchewan.ca/assessment>.

### What is next?

As the program develops, we look forward to sharing more information with you about this exciting program that will benefit your child's learning experience.

More information will be shared as we get closer to spring 2026 when students will write the first assessments.

Chinook Board of Education

# AGRICULTURE CONTEST



Choose a category



Submit a short video



Win great prizes!



The Chinook Board of Education is dedicated to **honouring the invaluable role** agriculture plays in shaping our lives.



Let's cultivate a deeper appreciation for agriculture and **inspire a new generation** to carry its legacy forward!

Submission deadline: May 2, 2025


Contest details: [www.chinooksd.ca](http://www.chinooksd.ca)

Get ready to dive into the vibrant world of agriculture with the Chinook Board of Education... once again! We are excited to announce the CHINOOK BOARD AGRICULTURE CONTEST will run for the second year.

Join us as we celebrate the rich heritage and boundless potential of agriculture. Students can submit entries in an individual or classroom category for a chance to win great prizes! [Check out contest details on the Chinook website.](#)

THANK YOU TO OUR GENEROUS SPONSORS! Chinook will be recognizing each of our prize sponsors throughout the contest.

# **TRY LACROSSE**

 **Date:** February 9, 2025

 **Location:** Kinetic Park Stockade




## **Schedule:**

- **U7 – U11:** 2:00 pm - 3:00 pm
- **U13 – U17:** 3:00 pm - 4:00 pm

**Join us for a FREE Try Lacrosse event!**

**It's the perfect chance to try**

***THE FASTEST GAME ON TWO FEET,***  
**commitment free.**

 **Special Guest Coaches:** The Swift Current Wolverines,  
Swift Current's very own Junior B Lacrosse Team!

## **What to Bring:**

- Hockey helmet (with cage), gloves, clean runners & water bottle (*Sticks will be available*)

**Questions?** message us on Facebook or Email us at  
[swiftcurrentlacrosse@gmail.com](mailto:swiftcurrentlacrosse@gmail.com)

**Save the Date:** Our next session will be on **March 23!**  
Follow us on Facebook for all the details!

**Check Out  
This New  
Opportunity!!**



# MYCITYCARE

## SWIFT CURRENT

### POP-UP SHOP

SATURDAY, FEBRUARY 8

11:00 AM - 2:00 PM

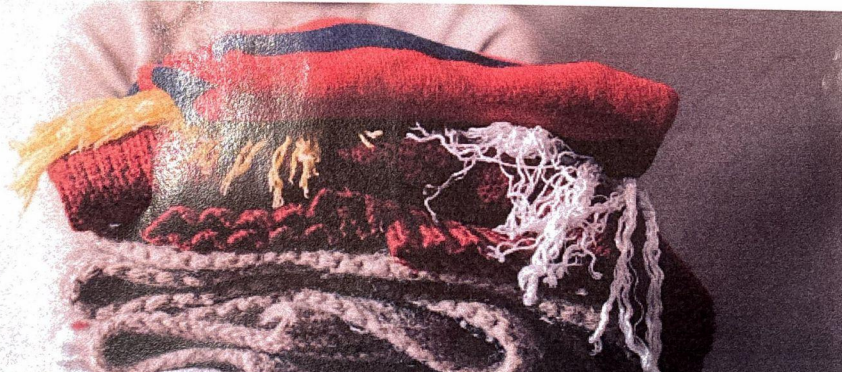
GREAT PLAINS COLLEGE, 2ND AVE NE

(PLEASE USE THE 2ND AVE DOORS [REDACTED])

**FREE WINTER CLOTHING (& MORE) FOR  
THOSE IN NEED IN OUR COMMUNITY!**

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ANY QUESTIONS? EMAIL US TODAY AT [SWIFTCURRENT@MYCITYCARE.CA](mailto:SWIFTCURRENT@MYCITYCARE.CA)



Join us at the Pop Up Shop  
organized by My City Care.

If you have any questions,  
please call Mrs. Jahnke.

Everyone Welcome!



## SWIFT CURRENT EARLY YEARS Family Resource Centre

Programs and services focused on supporting & strengthening families through each stage of the early years



We're located at  
6 - 1061 Central Ave N,  
Swift Current, SK  
(Hillside Plaza)

We're OPEN  
Monday to Friday  
9am-12noon and  
1pm-4pm and  
Saturday 9am-12noon  
(Closed Saturdays in July & August)

For more information:  
Call: 306-773-6160  
Text/Call: 306-774-6163  
& follow us on Facebook!

EARLY YEARS  
Family Resource Centre

WELCOME



# FEBRUARY 2025



SWIFT CURRENT EARLY YEARS  
Family Resource Centre



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27 <b>Let's Play 9:30-12 &amp; 1-3</b> + Songs & Stories <b>FAMILY LITERACY DAY</b> Welcome to Recreation Families & Tots 5:30pm-7pm	28 Bump, Baby & Beyond Pre & Post-Natal Support Group 10am-11:30am with Janelle & Sharla, Public Health Nursing	29 <b>Let's Play 9:30-12 &amp; 1-3</b> with Connie Smuk, Public Health Nurse & Lactation Consultant, morning 9:30am-12pm	30 <b>Messy Fingers Preschool Program</b> (Pre-registration required) 	31 <b>Let's Play 9:30-12 &amp; 1-3</b>	01 <b>Let's Play 9:30-12</b> 
02	03 <b>Let's Play 9:30-12 &amp; 1-3</b> + Sensory Play for Infants & Toddlers 1-3pm <b>Final Session!</b> Welcome to Recreation Families & Tots 5:30pm-7pm	04 Bump, Baby & Beyond Pre & Post-Natal Support Group 10am-11:30am with Heather, Dental Health Educator	05 <b>Let's Play 9:30-12 &amp; 1-3</b> + Songs & Stories with Barb, Elder, Lii'Bufloo Metis Local 35	06 <b>Messy Fingers Preschool Program</b> (Pre-registration required) 	07 <b>Let's Play 9:30-12 &amp; 1-3</b> with Heather, Dental Health Educator 9:30am-12pm & 1-3pm	08 <b>Let's Play 9:30-12</b> 
09 	10 <b>EYFRC IS CLOSED</b>	11 Bump, Baby & Beyond Pre & Post-Natal Support Group 11:00am-1:00pm at Aquatic Centre! Free Family Swimming 11am-1pm at Aquatic Centre	12 <b>Let's Play 9:30-12 &amp; 1-3</b> Session 1 of 2 Infant Massage for 4-12 months with Amber Downey, RMT 1:30pm-3pm (Please Pre-register)	13 <b>Messy Fingers Preschool Program</b> (Pre-registration required) 	14 <b>Let's Play 9:30-12 &amp; 1-3</b> + Sensory Play for Infants & Toddlers 9:30am-12 & 1-3pm	15 <b>Let's Play 9:30-12</b> 
16 	17 <b>EYFRC IS CLOSED Family Day</b>	18 <b>EYFRC IS CLOSED</b>	19 <b>Let's Play 9:30-12 &amp; 1-3</b> Session 2 of 2 Infant Massage for 4-12 months with Amber Downey, RMT 1:30pm-3pm (Please Pre-register)	20 <b>EYFRC IS CLOSED</b>	21 <b>Let's Play 9:30-12 &amp; 1-3</b> + Move & Groove	22 <b>Let's Play 9:30-12</b> 
23 	24 <b>Let's Play 9:30-12 &amp; 1-3</b> + Make & Take with Barb, Elder, Lii'Bufloo Metis Local 35	25 Bump, Baby & Beyond Pre & Post-Natal Support Group is 'Cooking with Connie' (spots limited) Introducing Solids & Baby Food Making with Connie Smuk, PHN 1:30pm-3pm (Please Pre-register)	26 <b>Let's Play 9:30-12 &amp; 1-3</b> with Connie & Janelle, Public Health Nursing 9:30am-12pm	27 <b>Messy Fingers Preschool Program</b> (Pre-registration required) 	28 <b>Let's Play 9:30-12 &amp; 1-3</b> + Nature Walk	01 <b>Let's Play 9:30-12</b> 

Early Years FRC is OPEN Monday - Friday 9am-12pm & 1pm-4pm and Saturday 9am-12pm

For more information Call: 306-773-6160 Text or Call: 306-774-6163 & follow us on Facebook

# ALL FAMILIES WELCOME!!



# Infant Massage

with Amber Downey, RMT

For caregivers and babies 4-12 months

2 sessions

Wednesday, February 12 & 19, 2025

1:30-3:00pm

at Early Years Family Resource Centre  
(6-1061 Central Ave N)

Space is limited - Register today!

Call (306) 773-6160 or Text (306) 774-6163

Caregivers will receive step-by-step instruction on how to massage baby from head to toe and techniques to help with tummy troubles

Learn about infant massage and the health benefits it has for you and your baby!

Promotes better sleep • Facilitates body awareness • Promotes emotional bond • Supports growth and development

# Infant Massage

with Amber Downey, RMT

For caregivers and babies 0-3 months

1 session

Friday, January 17, 2025

1:30-3:00pm

at Early Years Family Resource Centre  
(6-1061 Central Ave N)

Space is limited - Register today!

Call (306) 773-6160 or Text (306) 774-6163

Caregivers will receive step-by-step instruction on how to massage baby from head to toe and techniques to help with tummy troubles

Learn about infant massage and the health benefits it has for you and your baby!

Promotes better sleep • Facilitates body awareness • Promotes emotional bond • Supports growth and development



# Happy Valentines Day!!



From All of Us at  
Central School!

